



THE SALTY DOG  
HOTEL & BISTRO

## **BREAKFAST MENU**

Mon-Fri 7.00am – 11:00, Sat & Sun 8.00am – 11:30

### **Coffee & Tea**

Never Ending Mugs or Bottomless Pots of House Blend Guatemalan Filter Coffee or Thompson's Family Teas Punjana

£2.00

### **Juices:**

**Fresh Fruit Juice or Today's Smoothie**

£2.00

**Breads:** *Served with Butter and Local Preserves*

£2.50

Pastry Selection: ... mini Croissant, mini Pain au Chocolat & mini Pain au Raisin

Toast: ... rack of Granary & White or 2 slices Sourdough or a Bagel

Have your choice of the above with Cream Cheese and Bacon or Smoked Salmon

£5.00

***(Gluten free toast is available with coconut oil & soya cream cheese ✓)***

### **Cereals, Fresh Fruit & Yoghurt**

Choice of Cereal Boxes, **or** Clandeboye Yoghurt:

£2.50

White's Organic Porridge **or** Fresh Fruit **or** Co. Down Granola

£4.00

Served with Honey **or** Maple Syrup **or** Berries (and add Bushmills Whipped Cream £1.50)

***(Gluten free cereals, soya yoghurt and soya milk are available ✓)***

**Scrambled Eggs on Toasted Soda Bread** Plain

£5.00

... Keenan's Irish Smoked Salmon

£7.50

... Crab, Chilli & Slow Roast Cherry Tomatoes

£7.50

... Truffled Mushroom & Spinach with Toasted Seeds

£6.50

### **Omelette**

£6.50

Traditional ... with two fillings from; Cheese, Onion, Peppers, Sausage, Bacon, Mushrooms **or** Tomato

### **Cooked Breads**

**French Toast or Buttermilk Pancake Stack**

£7.50

Savoury ... Bacon **or** Sausage and Maple Syrup

Sweet ... with cinnamon and brown sugar and topped with whipped cream, Berries and Maple Syrup

***(Gluten free and or vegan pancakes are available with soya yoghurt and fresh berries ✓)***

### **Cooked Breakfasts**

**The Wee Dog - Ulster Fry**

£7.00

Ballyholme Butchers Pork Sausage, Vegetable Roll, Antrim Back Bacon Rasher, Tomato, Gracehill Black & White Pudding, choice of Ards Free Range Egg, Field Mushroom and Central Bakery Potato & Soda Bread

**The Big Dog - Double Ulster Fry**

£12.00

It's not the size of the dog in the fight but the size of the fight in the dog! And you will need to fight to finish this double ulster fry.

**Breakfast Bap** with Fried Egg and Sausage **or** Bacon

£5.00

**Eggs Benedict**

£7.00

2 free range eggs with Hollandaise sauce served on soda bread with your choice of

Bacon, Smoked Salmon **or** Spinach (can be served on mushrooms for those avoiding the soda)

**Home Baked Cajun Beans Served on your choice of toast ✓**

£7.00

With Smoked Cheese **OR** Mature Cheddar ***(vegan Cheese available ✓)***

£7.50

With a fried egg and chorizo

£8.50

**Smoked Haddock with Poached Egg ... served with your choice of toast**

£8.00