



THE SALTY DOG  
HOTEL & BISTRO

## **BREAKFAST MENU**

Mon-Fri 7.00am - 11:00am, Sat & Sun 8.00am - 11:00am

*All breakfasts include a bottomless pot of tea or never ending cup of fresh ground filter coffee*

<b>FULL CONTINENTAL BREAKFAST</b>	<b>£8.00</b>
Fresh Fruit Juice or Today's Smoothie Choice of Cereals, Porridge, Fresh Fruit, Yoghurt: served with Honey, Maple Syrup or Fruit Puree Toast & Pastries with a selection of preserves	
<b>COOKED BREAKFAST (included for residents)</b>	<b>£13.00</b>
<i>A Full Continental Breakfast with the addition of any of the cooked items below</i>	
<b>Fresh Fruit Juice or Today's Smoothie</b>	<b>£2.00</b>
<b>Pastry Selection: Croissant, Pain au Chocolat, Pain au Raisin</b>	<b>£4.00</b>
Served with Butter and Preserves and a Bottomless Pot of Tea or Cup of Fresh Ground Filter Coffee	
<b>Cereals, Fresh Fruit &amp; Yoghurt</b>	<b>£3.00</b>
Choice of Kellogg's Selection, Porridge, Fresh Fruit, Sperrin Granola <i>or</i> Clandeboye Yoghurt; Served with Honey, Maple Syrup <i>or</i> Fruit Puree	
<b>The Wee Dog - Ulster Fry</b>	<b>£7.00</b>
Ballyholme Butchers Pork Sausage, Vegetable Roll, Antrim Back Bacon Rasher, Tomato, Gracehill Black & White Pudding, choice of Ards Free Range Egg, Field Mushroom and Central Bakery Potato & Soda Bread	
<b>The Big Dog - Double Ulster Fry</b>	<b>£11.00</b>
Its not the size of the dog in the fight but the size of the fight in the dog! And you will need to fight to finish this double ulster fry.	
<b>Breakfast Bap with Fried Egg and Sausage <i>or</i> Bacon</b>	<b>£5.00</b>
<b>Eggs Benedict</b>	<b>£7.00</b>
2 free range eggs with Hollandaise sauce served on soda bread with your choice of Bacon, Smoked Salmon <i>or</i> Mushrooms (can be served on mushrooms for those avoiding the soda)	
<b>Smoked Salmon with Scrambled Eggs on Toasted Soda Bread</b>	<b>£7.00</b>
<b>Omelette</b>	<b>£6.50</b>
With a choice of two fillings from; Cheese, Onion, Peppers, Sausage, Bacon, Mushrooms <i>or</i> Tomato	
<b>French Toast <i>or</i> Buttermilk Pancake Stack - with Bacon <i>or</i> Sausage and Maple Syrup</b>	<b>£6.50</b>

### **EXTRAS/FILLINGS - £1.00 Each**

Egg, Sausage, 2 Bacon Rashers, Tomato, Mushroom, Black Pudding, White Pudding, Cheese, Soda Bread, Potato Bread, Round of Toast, butter & preserves

***Food Allergies & Intolerances Advice: When considering your choices, if you have any dietary requirements, please consult your waiter before ordering***